



2200 N Seminary Avenue
Woodstock IL 60098
815-334-4510 – Fax 815-334-4635

www.mcdh.info
www.twitter.com/mchenrycohealth
www.facebook.com

FOR IMMEDIATE RELEASE

March 26, 2020

Contact Lindsey Salvatelli
815-334-4456; cell 815-236-3238

Residents should consider COVID-19 widespread

WOODSTOCK – The McHenry County Department of Health (MCDH) is encouraging all, regardless of their health and age, to continue to reduce their risk of COVID-19 exposure by limiting outings and avoiding gatherings.

On March 10, MCDH announced its first confirmed case of COVID-19. It is unknown how the individual came into contact with COVID-19, which indicated the virus had already begun to circulate throughout the county. Since then, the U.S. Centers for Disease Control has categorized transmission of COVID-19 throughout Illinois as widespread.

“We understand the county has over 20 different cities and towns, but we really want everyone to understand that the virus is not specific to one town or geographical region,” said Public Health Administrator Melissa Adamson. “We don’t want anyone to put their guard down and carry a false sense of security because we don’t know how or when some of our cases were initially exposed.”

MCDH is committed to protecting the privacy of all patients as outlined by the Health Insurance Portability and Accountability Act (HIPAA). We want to continue to remain transparent during an unprecedented time and provide the public information about COVID-19 in McHenry County. However, we are careful not to include information that would lead to the identification of specific patients. We extend this protection to everyone, and ask that all interested parties respect the privacy of others in the same way.

MCDH maintains a count of the confirmed cases in McHenry County on its COVID-19 website. The confirmed case count is updated on the website daily by 5 p.m.

If you suspect you have COVID-19:

- Isolate yourself from others for a minimum of 7 days after symptoms appear
- Wait at least 72 hours to end isolation after you are fever-free and feeling well (without fever-reducing medication).
- Call your healthcare provider if you are sick and your symptoms are worsening.

For more information please visit Coronavirus.Illinois.gov or mcdh.info. For general questions about COVID-19, call the IDPH hotline at 1-800-889-3931 or email dph.sick@illinois.gov

###