

NEWS YOU CAN USE

September 2020

IN THIS ISSUE:

- Employee Health Evaluations
- Flu Shots
- New Employee
- Employee—On the Move...
- Employee Anniversaries

A Newsletter for Crystal Lake Employees

Hello employees! In this newsletter we will highlight upcoming Health Evaluations and free flu shots, welcome the Police Department's newest Police Officer, congratulate an employee "on the move" and recognize employee anniversaries.

If your Department has reached a goal that you are proud of, please send those stories to Julie Meyer at jmeyer@crystallake.org to include in the next issue.

HEALTH EVALUATIONS—CHC WELLNESS

Health Evaluations are just around the corner, so sign up today! Employees, maximize your wellness program benefits with an onsite or offsite health evaluation. The health evaluation includes a 37-panel biometric screening, which is free for all employees, as well as spouses who are enrolled in the City's insurance. Schedule your screening at nm.chcw.com Program code - 4414Cit143

Choose from Two Convenient Options

1. **Onsite at City of Crystal Lake** | Training Room P105/106

Tuesday, September 15th & Monday, September 28th & Wednesday, October 14th from 7:00 AM to 10:00 AM

2. **Offsite** | Test at a Lab

3. Participate at a Northwestern Medicine Lab by October 16th

*** Go to the employee intranet for more details and sign up at nm.chcw.com today!**

At Home Colorectal Cancer Screening Kits

- The fecal immunochemical test (FIT) checks for hidden blood in the stool caused by damaged colorectal polyps or cancers
- Lora Anderson from McHenry Hospital Cancer Center will be onsite all three dates listed above to educate and provide FIT kits, which can be completed in the privacy of your own home
- No cost and no sign-up needed
- Stop by P105/106 on one of the three dates listed above and speak to Lora Anderson for more information

Vascular and ECHO Screenings

Life saving Vascular and ECHO screenings are tentatively scheduled for December and January.

More details to follow as the date gets closer.

FLU SHOTS

Flu shot—Quadrivalent vaccine—Available to all employees & spouses, FREE of charge from 7:00 AM to 10:00 AM on:

- Monday, September 28
- Wednesday, October 14th

If you would like to receive a free flu shot, please contact Julie Meyer (x-3653) or Charlene Lyons (x-3664) to schedule a time.





September Employee Anniversaries

Thank you for your feedback! Beginning September 2020, all anniversaries (rather than 5-year increments) will be featured in the "News You Can Use" employee newsletter.

Tom Aellig	Public Works	32 Years	Lisa Tietz	Police	12 Years
Bill Martenson	Public Works	30 Years	Luke Behning	Police	12 Years
Russ Will	Police	25 Years	Ryan Coutre	Police	12 Years
Brian Burr	Police	23 Years	Jeremy Beasley	Police	11 Years
Eric Stopka	Police	23 Years	Ingrid Pinto	Police	11 Years
Ken Ellinger	Police	21 Years	Paul McPherson	Three Oaks	10 Years
Scott Miller	Police	21 Years	Pete Genzlinger	Three Oaks	10 Years
Tom Jacobi	Police	21 Years	Chris Sanders	Police	10 Years
Joe Ryan	Public Works	20 Years	Katie Cowlin	Community Development	6 Years
Brian Menzimer	Fire Rescue	20 Years	Sergio Delgado	Fire Rescue	6 Years
Gary Tegtmeier	Public Works	20 Years	Sal Alfano	Police	4 Years
Jason Duncan	Police	19 Years	Josh Beveridge	Police	3 Years
Kimberley Shipbaugh	Police	15 Years	Garett Bergstrom	Fire Rescue	2 Years
Don Christenson	Public Works	15 Years	Sherry McCoy	Police	1 Year
Ellen Kiolbassa	Finance	14 Years	Inez Correa	Police	1 Year
Stephanie Wrolson	Finance	14 Years	Shannon Jackson	Police	1 Year
Tom Kotlowski	Police	12 Years			

WELCOME NEW EMPLOYEE



Trevor Wuebben began working for the Police Department as a Police Officer on August 17th.

Before starting with the City of Crystal Lake, Trevor was a Nuclear Security Officer. He is also a Sergeant in the Wisconsin Army National Guard.

Welcome to Crystal Lake, Trevor!

On the Move...



Gayle Young recently accepted a new position as a Community Service Officer in the Police Department.

Gayle was most recently a part-time Records Assistant for the City's Police Department since February 2020.

Please welcome Gayle to her new role with the City!