

Happy October!

In the October newsletter you can learn about one retirement coming up in October, and important wellness screening information! Flip to the last page of the newsletter to see the October employee anniversaries.

If your department or a fellow co-worker has achieved a goal, please send that information to Julie Meyer at jmeyer@crystallake.org to include in the next issue.

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Employee Anniversaries



Tom "Bubba" Aellig

Tom began his career with the City just over thirty five years ago. Tom started in the Streets Division as a Maintenance Worker and moved up to a Program Coordinator in 2020. Tom's last day with the City is on Tuesday, October 17. If you see Bubba before the 17th, be sure to wish him a happy retirement!



Thanks Tom!



Wellness Screenings

All full-time and part-time City employees are invited to participate in a free wellness screening and flu shot event. Spouses on the City medical plan are also eligible for this free event. Follow the steps below and Schedule your wellbeing assessment now to learn about your current health status and risks.

Step 1: Sign up for the biometric screening

Go to the member portal at app.chcw.com,

Screened with CHC Wellbeing before?

- 1. Enter your user name and password under the individual login tab
- 2. Select the "Join a Wellness Program card" under "Today's Activities"
- 3. Enter program code 6069Cit143

First Time Screening with CHC?

- 1.Under the new participants tab, enter code 6069Cit143
- 2. Follow the cards to complete registration and select your screening preference.

Step 2: Complete your health and lifestyle survey

Answer a few questions to get a detailed report on your wellbeing and discover the things that can help you live better, longer.

Please see the email sent by Julie Meyer on October 2 for more information on how to register.

ERSARIES

Bill Whyte	Fire Rescue	27 Years	Adam Bucheger	Fire Rescue
Greg Cook	Public Works	24 Years	Scott Torkelson	Police
Kelsey Snell	Public Works	20 Years	Bob Seyl	Fire Rescue
Dan Seymore	Public Works	20 Years	Joe Rosner	Fire Rescue
Joey Forsberg	Fire Rescue	18 Years	Sam Ferraro	Public Work
Dane Szatkowski	Fire Rescue	15 Years	Karen Heiss	Police
Mike Aiello	Fire Rescue	15 Years	Nick Hammonds	СМО
Nick Borst	Fire Rescue	15 Years	Adam Orton	Finance
Rob Wisz	Fire Rescue	15 Years	Brian Allen	Public Work
Drew Sypura	Fire Rescue	15 Years	Jose Garcia	Public Work

Adam Bucheger	Fire Rescue	15 Years	
Scott Torkelson	Police	15 Years	
Bob Seyl	Fire Rescue	10 Years	
Joe Rosner	Fire Rescue	10 Years	
Sam Ferraro	Public Works	8 Years	
Karen Heiss	Police	6 Years	
Nick Hammonds	СМО	6 Years	
Adam Orton	Finance	3 Years	
Brian Allen	Public Works	1 Year	
Jose Garcia	Public Works	1 Year	



