

**NEWS YOU CAN  
USE**

# **EMPLOYEE NEWSLETTER**

## **Happy October!**

Make sure to check out the key highlights in the October newsletter, which features important details about wellness screenings, learn about a new hire, an upcoming retirement, employee promotions, and recognize an employee achievement. Don't forget to turn to the last page for the October employee anniversaries.

If your department or a colleague has reached a significant milestone, please forward that information to Julie Meyer at [jmeyer@crystallake.org](mailto:jmeyer@crystallake.org) for inclusion in the next edition.

## **In This Issue**

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# Wellness Screenings

## On-Site Screening Dates

Fri - 10/25

Tues - 11/5

Wed - 11/6

Remote: through 11/20

All full-time and part-time City employees are invited to participate in a free wellness screening and flu shot event. Spouses on the City medical plan are also eligible for this free event. Follow the steps below and Schedule your wellbeing assessment now to learn about your current health status and risks.

### Step 1: Sign up for the biometric screening

Go to the member portal at [nm.chcw.com](http://nm.chcw.com)

#### Screened with CHC Wellbeing before?

1. Enter your user name and password under the individual login tab
2. Select the "Join a Wellness Program card" under "Today's Activities"
3. Enter program code 6713Cit143

#### First Time Screening with CHC?

1. Under the new participants tab, enter code 6713Cit143
2. Follow the cards to complete registration and select your screening preference.

**\*Please see the email sent by Julie Meyer on October 9 for more information on how to register.**

### Step 2: Complete your health and lifestyle survey

Answer a few questions to get a detailed report on your wellbeing and discover the things that can help you live better, longer.

**Flu shots** are also available on-site at no cost to all employees and spouses on the City's health insurance plan.

**No need to register or sign-up for the flu shots.**



5 in 1 Foam Roller Set, Muscle Roller Stick, Massage Ball etc...

40 Oz Hydro Flask Wide Mouth with Straw Lid



Eye Massager with Heat and Bluetooth

Deep Tissue Massage Gun



Oral-B Pro 1000 Rechargeable Electric Toothbrush

Neck Massager with Heat and Deep Tissue Kneading Massage



**EMPLOYEES WHO PARTICIPATE IN THE WELLNESS SCREENING WILL BE ENTERED TO WIN THE RAFFLE PRIZES ABOVE.**



## New Employee

# WELCOME

### Libby Parkin

On September 23, 2024, Libby started her position as a Maintenance Worker in the Streets Division. Prior to her full-time role with the City, she worked as a Parks Maintenance Worker for the City of Woodstock. Additionally, she gained experience as a Seasonal Worker in the City's Streets Division during previous summers.

What hobby do you genuinely enjoy?

**Baking**

What accomplishment are you most proud of?

**Launching my small business.**

Who is your favorite band or artist?

**Post Malone**



**≡ Welcome ≡ Libby!**



## Employee Graduation

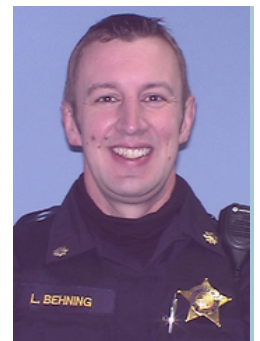


### Commander Luke Behning

Luke recently graduated the FBI National Academy in September.

The FBI Academy is an intensive 10-week program designed for managers nominated by their agencies due to their exceptional leadership abilities.

The program offers advanced training in investigations, management, and fitness for senior officers recognized as proven leaders within their organizations.



**Congratulations Luke!**



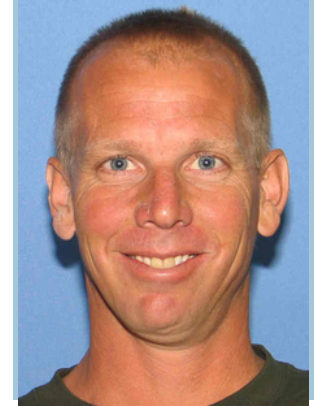


## Employee Retirement

*HAPPY  
Retirement!*

### **Dan Langguth**

Dan began his career with the City over thirteen years ago in the Wastewater Division as a Supervisor and moved up to the Superintendent in 2015. Dan's last day with the City is on Friday, October 11.



**Congratulations Dan!**

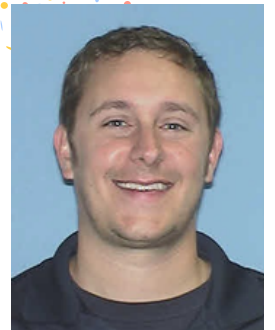


## Employee Promotions

*Congratulations!*

### **Sam Ferraro**

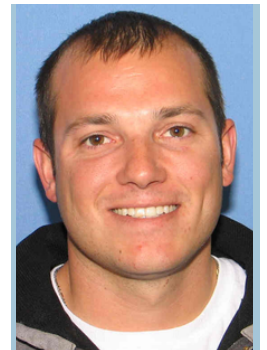
Effective with the retirement of Dan Langguth, Sam will be promoted from Wastewater Supervisor to Wastewater Superintendent. Sam's nine years of dedicated service to the City has prepared him well for this position.



**Congratulations Sam!**

### **Brian Campion**

Effective October 14, Brian Campion will be promoted from Facility Operator to Wastewater Supervisor. Brian began his employment with the City in 2010 as a Maintenance Worker.



**Congratulations Brian!**

# OCTOBER

## EMPLOYEE ANNIVERSARIES

<b>Bill Whyte</b>	<b>Fire Rescue</b>	<b>28 Years</b>	<b>Scott Torkelson</b>	<b>Police</b>	<b>16 Years</b>
<b>Greg Cook</b>	<b>Public Works</b>	<b>25 Years</b>	<b>Bob Seyl</b>	<b>Fire Rescue</b>	<b>11 Years</b>
<b>Kelsey Snell</b>	<b>Public Works</b>	<b>21 Years</b>	<b>Joe Rosner</b>	<b>Fire Rescue</b>	<b>11 Years</b>
<b>Dan Seymore</b>	<b>Public Works</b>	<b>21 Years</b>	<b>Sam Ferraro</b>	<b>Public Works</b>	<b>9 Years</b>
<b>Joey Forsberg</b>	<b>Fire Rescue</b>	<b>19 Years</b>	<b>Karen Heiss</b>	<b>Police</b>	<b>7 Years</b>
<b>Dane Szatkowski</b>	<b>Fire Rescue</b>	<b>16 Years</b>	<b>Nick Hammonds</b>	<b>CMO</b>	<b>7 Years</b>
<b>Mike Aiello</b>	<b>Fire Rescue</b>	<b>16 Years</b>	<b>Adam Orton</b>	<b>Finance</b>	<b>4 Years</b>
<b>Nick Borst</b>	<b>Fire Rescue</b>	<b>16 Years</b>	<b>Brian Allen</b>	<b>Public Works</b>	<b>2 Years</b>
<b>Rob Wisz</b>	<b>Fire Rescue</b>	<b>16 Years</b>	<b>Jose Garcia</b>	<b>Public Works</b>	<b>2 Years</b>
<b>Drew Sypura</b>	<b>Fire Rescue</b>	<b>16 Years</b>	<b>Kevin Hill</b>	<b>Public Works</b>	<b>1 Year</b>
<b>Adam Bucheger</b>	<b>Fire Rescue</b>	<b>16 Years</b>	<b>Megan Lettieri</b>	<b>Fire Rescue</b>	<b>1 Year</b>

